

2. **Mentoring is a nurturing relationship.**

- Nurture can be defined as “promoting the development of others by providing nourishment, support, encouragement, etc., during their stages of growth.”
- More than anything else, mentoring is nurturing others by pouring yourself into them in a caring and affirming way; selflessly giving yourself for the benefit of another.

3. **Mentoring is a conduit to transfer content.**

Rather than a message passed along to someone, mentoring is the method in which it is passed. It is a conduit for the content to flow through towards growth.



← Show transparency 3-2.

Explain that just as an electrical wire is a conduit of electrical current, mentoring is a conduit of content, content intended to produce growth in the mentoree.

4. **Mentoring is empowerment.**

- Mentoring starts with someone in need.**
Someone with a need meets someone with more experience who can contribute to that need.
- A relationship is formed.**
The more experienced person shares what he has learned from his experiences and a transfer begins to take place.
- A change takes place.**
Acceptance of what was shared brings empowerment to go through and grow through the need.

Point to Ponder

At their best, mentors nurture our souls. They shape our character and look inside us and find the man we long to be. Then they help to bring that man to life.

Howard Hendricks